



Workshops – Strength2Thrive 2018

Title: Calling the Intrepid: Sharing Jesus in the Military

Description: The military has its own doctrine, law, history, ceremonies and traditions. We will look to the Apostle Paul who shares his wisdom in 1 Corinthians 9.19-27. He says he is all things to all people. What does he mean by that and how can we apply this to the military community?

Presenter: Karen Meeker is a US Army Chaplain who is currently serving at the Office of the Chief of Chaplains in Washington, DC. Karen has been sent, stationed, and deployed to nearly every region of the world. As a Christ follower, she is eager to partner with fellow ladies and believers to build up the Kingdom of God.

Title: Free to Just Pray

Description: Prayer is essential in our relationship with the Lord. He desires to spend time with us individually as well as corporately. Come explore with us in Scripture what God has revealed about prayer. We will also look at Bible characters and godly men and women who can teach us about prayer. We can learn to “Just Pray”!

Presenter: Gwen Chandler loves Jesus, her family and ministering in the lives of military women. She and her husband Andy served in the Army for 21 years and continue to work in the Fort Gordon chapel ministry. They have 4 daughters, 3 son-in-laws, 8 grandchildren and recently got their first great-grandson!

Title: Telling your story, one thread at a time, revealing God's masterplan.

Description: Once upon a time... Your story is made of thread weaved together by God to create a beautiful tapestry. The whole picture not only reflects who you are but also how God has been instrumental in shaping you. Finding the courage to tell your story will enable you to strengthen your faith, heal pains and encourage people along the way. Your story is His story.

Presenter: Lover of good coffee, good food and good company Muriel Gregory is a writer for Planting Roots and disciple maker in the greater Kansas City area. On a regular day you can find her homeschooling her youngest son while cheering on her two adult children. She and her active duty soldier have been married for 24 years.



Title: Free to Brave the Secret Mess of Reintegration

Description: Everybody acts like everything is right with the world as soon as the commander proclaims “dismissed” at the end of a redeployment ceremony. But the truth is marriage is messy, and reintegrating a Soldier back into family life often multiplies those messes. Unmet expectations coupled with ineffective communication often lead to hurt feelings and sour moods before the duffle bags are stowed in the trunk. Satan loves to use these little rifts to worm his way into your marriage and wreak havoc. To make matters worse, we suffer in silence because nobody else is talking about how hard reintegration is. In this workshop, we’ll break the silence and learn strategies and techniques for turning this trying time into triumph.

Presenter: Liz Giertz is an Army Veteran who traded her M16 and combat boots for a pink ID Card and a craft apron. 14 years, six moves, three long deployments, two boisterous boys, and one crazy shelter pup later she and her family plan to call Hurricane, WV home; at least until her husband’s retirement. A self-proclaimed #hotmess and #craftyqueen, she is passionate about gathering women around My Messy Desk and encouraging them to overcome messes and embrace their memories as they become the masterpieces God created them to be.

Title: Feminini Fortis in Unum. Females. Brave. Together.

Description: As women in the military community, we are stronger together! In order to serve the Lord and our nation, we need to Be Brave – brave as Christians, brave as women, brave as members of the military community. Let’s link arms and spur each other on to take another step in the journey of bravery!

Presenter: Kristin Goodrich, who goes by “KG” in Planting Roots’ circles, grew up overseas and joined the Navy to see more of the world. Together with her now-retired Air Force husband and three “kids,” she knows that God is with her, no matter where (or what) she is. A lover of books and languages, big laughs, and sports, she serves as PR’s XO and lives in beautiful Colorado.

Title: Embracing a Brave Heart through the Word (How to study scripture for everyday life application)

Description: Join me as we journey through the Word of God and learn to apply biblical truths to our every day life struggles. Together we will encourage our faith, make it bigger not better. We will equip one another as we walk in faith and gain courage. We will exhort one another to good works and gain freedom to be brave. Life is full of hard stuff but, we have a God who is stronger. It is in the power of the truth of God's word that will bring us to a place of FREEDOM and make us BRAVE! In this workshop we will laugh together, cheer one another and above all we will be brave!

Presenter: Claudia Duff is a retired Navy wife living in Lynchburg, VA with her husband Daryl. She is in love with Jesus, His Word and His women. Claudia is a part of Planting Roots as the assistant events coordinator, a writer and a speaker. When not working on PR stuff she is sewing up some cute outfits for her GrandDufflings.

